

MA, 18 NOV	DI, 19 NOV	WO, 20 NOV	DO, 21 NOV	VR, 22 NOV	ZA, 23 NOV	ZO, 24 NOV
<p>07:15 - 08:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Claude Conde</p> <p>08:00 - 09:00 Les Mills Bodybalance™ Body & Mind Cube Claude Conde</p>	<p>12:15 - 13:15 Start To Workout (SGT) Fitness Floor Kimberley Halmans</p> <p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Maverick Emonts-Pohl</p> <p>18:00 - 19:00 Zumba® Group Classes Studio Christelle Delhasse</p> <p>19:00 - 19:45 Squat Bench Deadlift (SGT) Fitness Floor Maverick Emonts-Pohl</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Maverick Emonts-Pohl</p> <p>18:00 - 19:00 Booty Group Classes Studio Kimberley Halmans</p> <p>19:00 - 20:00 Mobility (SGT) Fitness Floor Maverick Emonts-Pohl</p> <p>19:00 - 20:00 Pilates Cube Body & Mind Cube Fabian Tamagni</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Tolunay Ulusoy</p> <p>18:00 - 19:00 Vinyasa Yoga Body & Mind Cube Christelle Delhasse</p> <p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Kimberley Halmans</p> <p>19:00 - 20:00 Spinefitter® Mobility Body & Mind Cube Pauline Dallemagne</p>		<p>10:00 - 11:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Laura Schoefs</p> <p>11:00 - 12:00 Calisthenics Tolunay Ulusoy</p>	
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Jayson Charlier</p> <p>18:00 - 19:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Jayson Charlier</p> <p>19:00 - 20:00 Spinefitter® Recovery Body & Mind Cube Jayson Charlier</p> <p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Maverick Emonts-Pohl</p>	<p>19:00 - 20:00 Vinyasa Yoga Body & Mind Cube Christelle Delhasse</p>					

MA, 25 NOV	DI, 26 NOV	WO, 27 NOV	DO, 28 NOV	VR, 29 NOV	ZA, 30 NOV	ZO, 01 DEC
<p>07:15 - 08:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Claude Conde</p> <p>08:00 - 09:00 Les Mills Bodybalance™ Body & Mind Cube Claude Conde</p>	<p>12:15 - 13:15 Start To Workout (SGT) Fitness Floor Kimberley Halmans</p> <p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Jayson Charlier</p> <p>18:00 - 19:00 Zumba® Group Classes Studio Christelle Delhasse</p> <p>19:00 - 20:00 Spinefitter® Mobility Body & Mind Cube Pauline Dallemagne</p> <p>19:00 - 19:45 Squat Bench Deadlift (SGT) Fitness Floor Maverick Emonts-Pohl</p> <p>19:00 - 20:00 Vinyasa Yoga Body & Mind Cube Christelle Delhasse</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Maverick Emonts-Pohl</p> <p>18:00 - 19:00 Booty Body & Mind Cube Kimberley Halmans</p> <p>19:00 - 20:00 Mobility (SGT) Fitness Floor Kimberley Halmans</p> <p>19:00 - 20:00 Pilates Cube Body & Mind Cube Fabian Tamagni</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Tolunay Ulusoy</p> <p>18:00 - 19:00 Vinyasa Yoga Body & Mind Cube Christelle Delhasse</p> <p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Kimberley Halmans</p> <p>19:00 - 20:00 Spinefitter® Mobility Body & Mind Cube Pauline Dallemagne</p>		<p>10:00 - 11:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Laura Schoefs</p> <p>11:00 - 12:00 Calisthenics Functional Zone Tolunay Ulusoy</p>	